F	Year 8	Prestructural	Unistructural	Multistructural	Relational	ExtendedAbstract
00	Follow a Plan/Recipe	I need help to follow a recipe	I can follow one step at a time with assistance from the teacher.	I can do the steps unassisted from start to finish.	I am able to follow a recipe from start to finish and explain why I am doing certain things. Eg Beating and egg to put air through it.	I am able to follow a recipe, help others within my group and the room when needed and suggest changes for improvement.
	Use of resources	I use resources provided/suggested by the teacher, and need help with measurement.	I use resources provided/suggested by the teacher and can measure items myself.	I use resources provided/suggested by the teacher and can measure items accurately myself.	I use resources provided/suggested by the teacher and can measure items accurately myself and suggest alternative ingredients to enhance the product.	I use resources provided/suggested by the teacher and can measure items accurately myself and suggest alternative ingredients to enhance the product and justify my decision with nutritional information.
C	Reading Labels	I need help to interpret nutritional information on a label	I can identify t the fat and sugar content on a nutritional label	I can make a statement about the fat and sugar information on a label.	I can make a statement about the nutritional information on a label and compare it to a similar product.	I can make a statement about the nutritional information on a label when comparing it to a similar product and justify my statement and suggest consequences of over indulging in the product s discussed.
TOT	The Development of Technology relating to Food Technology	I need help to identify changes in the technological aspect of food technology.	I can identify one change in the technological aspect of food technology	I can identify 2 or more changes in Food Technology.	I can identify many changes in the technological aspect of Food technology and explain the way they make life easier and how they have changed the food choices available.	I can identify many changes in the technological aspect of Food Technology and jexplain they way they have changed the food choices, made life easier, and predict one or more ways that technology may change in the future.
99	Reflecting	I need help to find strengths and weaknesses in my products and process.	I can find a strength and a weakness in my product and process	I can find strengths and weaknesses in my process and product.	I can find strengths and weaknesses in my process and product and can link the two together, and suggest ways to avoid or change it happening again.	I can find s link the two together, and suggest ways to avoid or change it happening again. I can Identify strengths and weaknesses, elaborate on them and can suggest future improvements